

HUSSC: SL Readiness Checklist

General Criteria	YES!
Is your school a Team Nutrition School?	
Does your school participate in the School Breakfast Program (SBP) and National School Lunch Program (NSLP)?	
Do the school meals meet USDA nutrition standards for reimbursable meals?	
Have all corrective actions (if applicable) from school's most recent Administrative Review (AR) of school meals program been completed?	
Is your school implementing Smarter Lunchroom techniques as defined on the Smarter Lunchrooms Self-Assessment Scorecard with a minimum score of 30?	
Is your school 6 cents certified?	
Is your school meeting the <i>Smart Snacks in School Nutrition Standards</i> ?	
Nutrition Education	YES!
Are you utilizing multiple channels of communication (classroom, cafeteria, and home/parents) to deliver nutrition education for all grade levels?	
Are you incorporating the latest Dietary Guidelines, MyPlate and Team Nutrition materials?	
ELEMENTARY: (for all award levels) • Is nutrition education provided to all full-day students in all grades?	
MIDDLE SCHOOL: • <i>Bronze/Silver:</i> Offered in at least one grade during the school year?	
• <i>Gold/Gold Award of Distinction:</i> Offered in at least two grades?	
HIGH SCHOOL: (for all award levels) • Is nutrition education part of a structured and systematic unit of instruction offered in two courses which are required for graduation?	
Physical Education (PE)	YES!
ELEMENTARY: (for all award levels) • Do you offer all students a minimum of 45 minutes PE per week?	
• Or...Do you have at least 25 min of PE and 20 min structured physical activity per week planned by a certified PE teacher and implemented by a classroom teacher or school administrator?	
MIDDLE SCHOOL: (for all award levels) • Is structured physical education offered to at least two grades?	
HIGH SCHOOL: (for all award levels) • Is structured physical education offered to at least two courses?	

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Physical Activity (PA)	YES!
<i>ELEMENTARY:</i> (for all award levels)	
• Does your school provide physical activity opportunities each day for all full-day students?	
• Does your school reinforce physical activity/physical education messages by neither denying nor requiring physical activity as a means of punishment?	
<i>MIDDLE SCHOOL and HIGH SCHOOL:</i> (for all award levels)	
• Does your school provide students in all grade levels the opportunity to participate in physical activity throughout the school year?	
• Does your school promote participation in physical activity to all students?	
Local School Wellness Policy	YES!
<i>ELEMENTARY, MIDDLE SCHOOL and HIGH SCHOOL:</i> (for all award levels)	
• Is your school implementing your Local School Wellness Policy?	
• Do you have a school health advisory or wellness council that meets regularly to discuss and implement your Local School Wellness Policy?	
• Does your school wellness policy prohibit the use of food as a reward?	
Other Criteria for Excellence	YES!
There are 14 options under the Other Criteria for Excellence. <i>Application Criteria and Guidance</i>	
• Does your school meet the minimum options for the desired award level? Bronze: 2 of 14 Silver: 4 of 14 Gold: 6 of 14 Gold of Distinction: 8 of 14	